

*You shall surely observe My Shabbat; for this is a sign between Me and you throughout your generations, that you may know that I am YHVH who sanctifies you. Therefore you are to observe the Shabbat, for it is holy to you. Everyone who profanes it shall surely be put to death; for whoever does any work on it, that person shall be cut off from among his people. For six days work may be done, but on the seventh day there is a Shabbat of complete rest, holy to YHVH; whoever does any work on the Shabbat day shall surely be put to death. So the sons of Israel shall observe the Shabbat, to celebrate the Shabbat throughout their generations as a perpetual covenant. It is a sign between Me and the sons of Israel forever; for in six days YHVH made heaven and earth, but on the seventh day He ceased from labor, and was refreshed.”*



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# Havdalah

Exodus 31:12-17

### *Evening Prayer of Trust in Elohim:*

**Answer me when I call, O Elohim of my righteousness! You have relieved me in my distress; be gracious to me and hear my prayer.** O sons of men, how long will my honor become a reproach? How long will you love what is worthless and aim at deception? *Selah.* But know that YHVH has set apart the godly man for Himself; YHVH hears when I call to Him. Tremble, and do not sin; meditate in your heart upon your bed, and be still. *Selah.* Offer the sacrifices of righteousness, and trust in YHVH. Many are saying, “Who will show us any good?” **Lift up the light of Your countenance upon us, O YHVH! You have put gladness in my heart, more than when their grain and new wine abound. In peace I will both lie down and sleep, for You alone, O YHVH, make me to dwell in safety.**

*Psalm 4*

### *Blessing the Wine:*

**Baruch atah Adonai, Elohaynu Melek ha olam, boray pre hagafen. Amein**

**Blessed are you, YHVH our Elohim, King of the universe,  
Who creates the fruit of the Vine. Amen — l’Chaim! (To Life!)**

Preserve me, O Elohim, for I take refuge in You. I said to YHVH, “**You are my Elohim, I have no good besides You.**” As for the saints who are in the earth, they are the majestic ones in whom is all my delight. The sorrows of those who have bartered for another god will be multiplied; I shall not pour out their drink offerings of blood, nor will I take their names upon my lips. **YHVH is the portion of my inheritance and my cup; You support my lot. The lines have fallen to me in pleasant places; indeed, my heritage is beautiful to me. I will bless YHVH who has counseled me; indeed, my mind instructs me in the night. I have set YHVH continually before me; because He is at my right hand, I will not be shaken. Therefore my heart is glad and my glory rejoices; my flesh also will dwell securely. For You will not abandon my soul to Sheol; nor will You allow Your Holy One to undergo decay. You will make known to me the path of life; in Your presence is fullness of joy; in Your right hand there are pleasures forever.**

*Psalm 16*

### *The Blessing of Knowing Adonai and Walking in His Rest:*

**Blessed are you O Adonai our Elohim, King of the universe,  
Who creates species of fragrance. Amen**

Where has your Lover gone, most beautiful of women? Which way did your Beloved turn, that we may look for Him with you? **My Lover has gone down to his garden, to the beds of spices, to browse in the gardens and to gather lilies. I am my Beloved’s and my Beloved is mine; He browses among the lilies.**

When He had taken the book, the four living creatures and the twenty-four elders fell down before the Lamb, each one holding a harp and golden bowls full of incense, which are the prayers of the saints. And they sang a new song, saying, “**Worthy are You to take the book and to break its seals; for You were slain, and purchased for YHVH with Your blood men from every tribe and tongue and people and nation.**” And I saw the seven angels who stand before YHVH, and seven trumpets were given to them. And He came and took the book out of the right hand of Him who sat on the throne. Another angel came and stood at the altar, holding a golden censer; and much incense was given

to him, so that he might add it to the prayers of all the saints on the golden altar which was before the throne. And the smoke of the incense, with the prayers of the saints, went up before YHVH out of the angel's hand.

*Song of Solomon 6:1-3, Revelation 5:7-9, 8:2-4*

### **Thanksgiving for Adonai's Goodness to Israel:**

Give thanks to YHVH, for He is good,	<b>for His lovingkindness is everlasting.</b>
Give thanks to the Elohim of elohims,	<b>for His lovingkindness is everlasting.</b>
Give thanks to the Adonai of elohims,	<b>for His lovingkindness is everlasting.</b>
To Him who alone does great wonders,	<b>for His lovingkindness is everlasting;</b>
To Him who made the heavens with skill,	<b>for His lovingkindness is everlasting;</b>
To Him who spread out the earth above	
the waters,	<b>for His lovingkindness is everlasting;</b>
To Him who made the great lights,	<b>for His lovingkindness is everlasting;</b>
The sun to rule by day,	<b>for His lovingkindness is everlasting;</b>
The moon and stars to rule by night,	<b>for His lovingkindness is everlasting.</b>
To Him who smote the Egyptians in	
their firstborn,	<b>for His lovingkindness is everlasting,</b>
And brought Israel out from their midst,	<b>for His lovingkindness is everlasting,</b>
With a strong hand and an outstretched arm,	<b>for His lovingkindness is everlasting.</b>
To Him who divided the Red Sea asunder,	<b>for His lovingkindness is everlasting,</b>
And made Israel pass through the midst of it,	<b>for His lovingkindness is everlasting;</b>
But He overthrew Pharaoh and his army	
in the Red Sea,	<b>for His lovingkindness is everlasting.</b>
To Him who led His people through	
the wilderness,	<b>for His lovingkindness is everlasting;</b>
To Him who smote great kings,	<b>for His lovingkindness is everlasting,</b>
And slew mighty kings,	<b>for His lovingkindness is everlasting;</b>
Sihon, king of the Amorites,	<b>for His lovingkindness is everlasting;</b>
And Og, king of Bashan,	<b>for His lovingkindness is everlasting,</b>
And gave their land as a heritage,	<b>for His lovingkindness is everlasting,</b>
Even a heritage to Israel His servant,	<b>for His lovingkindness is everlasting.</b>
Who remembered us in our low estate,	<b>for His lovingkindness is everlasting,</b>
And has rescued us from our adversaries,	<b>for His lovingkindness is everlasting;</b>
Who gives food to all flesh,	<b>for His lovingkindness is everlasting.</b>
Give thanks to YHVH of heaven,	<b>for His lovingkindness is everlasting.</b>

*Psalms 136*

### **Prayer for Peace of Jerusalem and Blessing Israel:**

I will lift up my eyes to the mountains; from where shall my help come? My help comes from YHVH, Who made heaven and earth. He will not allow your foot to slip; He who keeps you will not slumber. Behold, He who keeps Israel will neither slumber nor sleep.

**YHVH is my keeper; YHVH is the shade on my right hand. The sun will not smite me by day, nor the moon by night. YHVH will protect me from all evil; He will keep my soul. YHVH will guard my going out and my coming in from this time forth and forever.**

*Psalms 121*

I was glad when they said to me, "Let us go to the house of YHVH." Our feet are standing within your gates, O Jerusalem, Jerusalem, that is built as a city that is compact together; to which the tribes go up, even the tribes of YHVH—

An ordinance for Israel—to give thanks to the name of YHVH. For there thrones were set for judgment, the thrones of the house of David.

Pray for the peace of Jerusalem: **“May they prosper who love you. May peace be within your walls, and prosperity within your palaces.”** For the sake of my brothers and my friends, I will now say, **“May peace be within you.”** For the sake of the house of YHVH our Elohim, I will seek your good. *Psalms 122*

### ***Havdalah (Separation of the Shabbat):***

Barukh atah Adonai, Elohaynu, melekh ha-olam, asher kid’shanu b’torah, dabar l’halacha b’Yeshua, v’tzivanu l’kadash ha shabbat. Amein

Blessed are You, YHVH, our Elohim, King of the Universe,  
Who sanctifies us with His Torah, reveals for us to walk It out in Yeshua,  
and commands us to sanctify the Shabbat. Amen

YHVH spoke to Moses, saying, “But as for you, speak to the sons of Israel, saying, **‘You shall surely observe My shabbat; for this is a sign between Me and you throughout your generations, that you may know that I am YHVH who sanctifies you. Therefore you are to observe the shabbat, for it is holy to you. Everyone who profanes it shall surely be put to death; for whoever does any work on it, that person shall be cut off from among his people. For six days work may be done, but on the seventh day there is a shabbat of complete rest, holy to YHVH; whoever does any work on the shabbat day shall surely be put to death. So the sons of Israel shall observe the shabbat, to celebrate the shabbat throughout their generations as a perpetual covenant. It is a sign between Me and the sons of Israel forever; for in six days YHVH made heaven and earth, but on the seventh day He ceased from labor, and was refreshed.’”** *Exodus 31:12-17*

### ***Shema:***

Sh'ma Yisrael Adonai Elohaynu Adonai Echad.

Hear O Israel! YHVH is our ELOHIM, YHVH is one!

And you shall love YHVH your ELOHIM with all your heart and with all your soul and with all your might. These words, which I am commanding you today, shall be on your heart. You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up. You shall bind them as a sign on your hand and they shall be as frontals on your forehead. You shall write them on the doorposts of your house and on your gates. *Deuteronomy 4:6-9*

This is the great and foremost commandment. The second is like it, **You shall love your neighbor as yourself.** On these two commandments depend the whole Law and the Prophets. *Matthew 22:37-40*

### ***Blessing Going Out and Coming In:***

And it came to pass, when the ark set forward, that Moses said, **“Rise up, YHVH, and let your enemies be scattered; and let those that hate You flee before You.”** And when it rested, he said, **“Return, O YHVH, unto the many thousands of Israel.”** *Numbers 10:35-36*